

St Tammany Periodontics & Implants

PRE AND POST-SEDATION INSTRUCTIONS

For surgical procedures with IV sedation:

1. Be present 15 minutes before your scheduled sedation/surgery time.
2. Do not eat or drink anything for the 8 hours prior to your anesthesia. It is OK to take your prescribed medications with a small amount of water (no additives). Do not drink alcohol the night before your procedure.
3. Do not wear contact lenses, cosmetics, or eye makeup.
4. You must bring a responsible adult who can drive you home. Both you and your driver must be present before the surgery is started, and he or she must remain at the office while the procedure is being done.
5. You must not drive, operate machinery, make important decisions, or work for approximately 24 hours after your sedation. Arrangements should be made to have someone help care for you during this post-operative time.
6. If you are prescribed any pain medication that contains respiratory, cardiac or central depressants, like Lortab, Lorcet, Tylenol#3, Vicodin, and Percocet. Please make sure that you DO NOT take any for 8 hours following the procedure.
7. These instructions are designed for your comfort and protection. A failure to follow any of these instructions may require us to cancel your appointment for that day. Should any other circumstance develop that would require the postponement of your surgery, such as an illness (cold or flu), please notify your dental/periodontal surgeon as early as possible.

For surgical procedures with oral sedation:

1. Be present 15 minutes before your scheduled sedation/surgery time.
2. Take any oral medications as indicated by your doctor.
3. Eat a small meal before your procedure, and take any prescribed medications.
4. You must have a responsible adult drive you to your appointment. Your driver must remain at the office while the procedure is being done, and the patient will be released to this person after the procedure is done.
5. You must not drive, operate machinery, make important decisions, or work for approximately 24 hours after your sedation. Arrangements should be made to have someone help care for you during this postoperative time.
6. If you are prescribed any pain medication that contains respiratory, cardiac or central depressants, like Lortab, Lorcet, Tylenol#3, Vicodin, and Percocet. Please make sure that you DO NOT take any for 8 hours following the procedure.
7. These instructions are designed for your comfort and protection. A failure to follow any of these instructions may require us to cancel your appointment for that day. Should any other circumstance develop that would require the postponement of your surgery, such as an illness (cold or flu), please notify your dental/periodontal surgeon as early as possible.